

the insider

BIRTHDAYS IN OCT.

Nyketa Gaffney—10/7
Rick Guidugli—10/8
Erin Lawson—10/12
Nicole Simon—10/14
Cyndi Ritzi—10/18
Kristina Holtzclaw—10/25
Kim Buchanan—10/24
Trent Owen—10/24
Tammy Booker—10/28
Lindsey Sparks—10/28

*Happy
Birthday*

OCT. WORK ANNIVERSARY

Keara Appel—1 yr.
Nicole Simon—1 yr.
Aaron Tate—1 yr.
Liyah White—1 yr.
Maria Miller—2 yr.
Heather Bowles—2 yr.
Kristina Holtzclaw—4 yr.
Jen Bowling—7 yr.
Colt Allen—9 yr.
Jessica Choate—11 yr.

Happy Anniversary

OCT. AWARENESS

- ◆ Global Cat Day —10/16 🐱
- ◆ National Black Cat Day—10/27
- ◆ National Cat Day—10/29
- ◆ Vet Tech Week—Week 3
- ◆ Adopt a Shelter Dog Month

UPCOMING EVENTS

Saturday, October 12, 2019
Tails On the Trail



DAISY AWARD

Congratulations to Alicia Brabant as she is the recipient of **SPCA Cincinnati's Daisy Award!**



"I'm a Kennel Technician Lead and Front Desk Associate; I process adoptions and work hands-on with the puppies in the kennels...the most interesting part of my job is being able to work one-on-one with the dogs, enhancing their social behavior. I enjoy learning their personalities/manners because then I can explain their story in hopes to find their forever...it warms my heart! My hobbies include: photography, drawing and pursuing a career as a veterinarian. I'm also a bully breed advocate. I'm all about 'educate before discriminate'. I had a pup who crossed the rainbow bridge, her name was Fat Girl. She was my inspiration to pursue my career with animals. I am also a proud mama of my rescue Bo from our shelter and he is my whole heart 😊...when I look into the eyes of an animal I do not see an animal. I see a living being. I see a friend. I feel a soul. —A.D. Williams." —Alicia

IN-THE-KNOW

Something to Wag About!



SEE MORE

From SPCA's
Wags to Riches
Event
[Page 5](#)

HR CORNER

Anyone employed with SPCA Cincinnati can find resources to assist with life events through EAP (the Employee Assistance Program)! Log-on now to obtain information on a variety of wellness topics. In order to use the website follow these steps: Go to www.anthemead.com → Click on the Member log-in button → For the company name enter: **SPCA of Cincinnati.**

NEW TOPIC: Good Mental Health, PAGE 3...



Have an article you wish to add? Send to Nyketa Gaffney—Editor:

ngaffney@spcacincinnati.org



SPCA TEAM
CHRISTMAS PARTY

Tuesday, December 10, 2019

5:00 PM to 7:00 PM

Sharonville Convention Center

As a "Thank You" to our team, our shelters will be closed to the public. SPCA will focus on animal care and facility cleaning on Tuesday, December 10, 2019. Staff will be released by 2:00 PM to prepare and travel to our Staff Christmas Party. Regularly scheduled staff will receive a full-day pay due to this being a staff function.

ONCE AGAIN... ALL YOU CAN EAT BUFFET

Please RSVP / Regret to Lori Fenner by Wednesday, November 27, 2019. Since this is a business meeting, we ask only staff attend.

... and there will be other fun activities too...

Hope to see you there!

Jake



Good Mental Health

Your mental health is very important. You will not have a healthy body if you don't also take care of your mind. People depend on you. It's important for you to take care of yourself so that you can do the important things in life—whether it's working, learning, taking care of your family, volunteering, enjoying the outdoors, or whatever is important to you.

Good mental health helps you enjoy life and cope with problems. It offers a feeling of well-being and inner strength. Just as you take care of your body by eating right and exercising, you can do things to protect your mental health. In fact, eating right and exercising can help maintain good mental health. You don't automatically have good mental health just because you don't have mental health illness. You have to work to keep your mind healthy.

Nutrition & Mental Health

The food you eat can have a direct effect on your energy level, physical health, and mood. A healthy diet is one that has enough of each essential nutrient; contains many foods from all of the basic food groups; provides the right amount of calories to maintain a healthy weight; and does not have too much fat, sugar, salt, or alcohol...

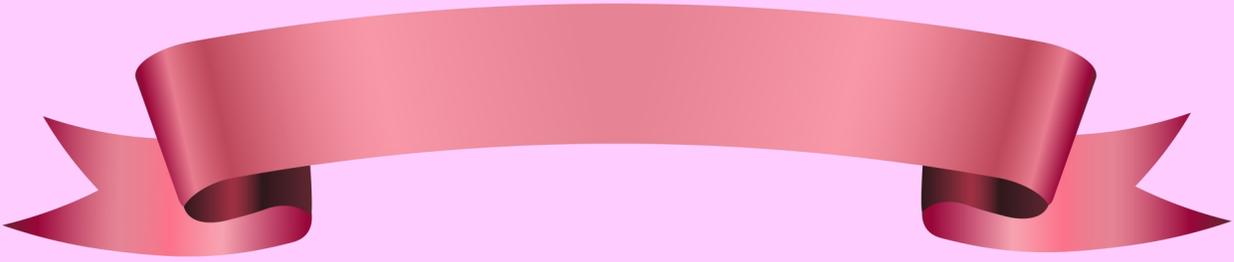
For more on this topic:

VISIT THE EAP WEBSITE: www.anthemep.com:

“Monthly Promotion”

—Lori Fenner, HR Facilitator

Congratulations Jessica!



SPCA Cincinnati Welcomes Baby...

Rosalie Ann Choate

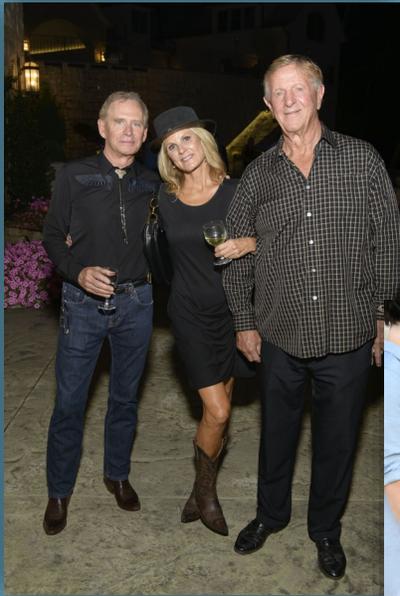
She was born on September 21st at 1:44 p.m.

She was 7lbs 9.2 ounces and 20 inches long.



We are so excited about your new journey & we welcome Baby Rosalie to the family!

Wags To Riches



SPCA Cincinnati's fundraiser, **Wags To Riches**, *Western Gaming Night*, was at the home of Joe and Lorraine Mayernik on Saturday, September 21, 2019. Funds were raised on this evening for SPCA's kennel expansion project...and a couple of adoptable pets found their *furever* homes!



—Maria Miller, VP of Development

TAILS ON THE TRAIL



SATURDAY NOV
OCTOBER 12 6
FRANCIS RECREACRES PARK

9-10 AM REGISTRATION
10-10:30 COSTUME CONTEST AND TEAM AWARDS
10:30 AM WALK BEGINS

Park Adjacent to SPCA Cincinnati Sharonville
11900 Conrey Road Cincinnati, OH 45249

When we join together and walk for our animals, you're joining a community that is working every day to create a more humane community for our companion animals across Greater Cincinnati. Your participation strengthens our ability to create memorable moments of hope and joy for people and animals.

Make a statement for those who don't have a voice – Register today to walk and fundraise on behalf of the animals!

FUN

Enjoy Food, drinks, music, vendors, exercise and fun with pets on a leisurely stroll around the park.
Dress your pet for our Pet Costume Contest!

REGISTER SAVE WITH EARLY REGISTRATION UNTIL OCT 8

All Tails On The Trails participants **must register to participate!**

Register Online at **SPCACINCINNATI.ORG**

Registration deadline: Tuesday, October 8th → <https://bit.ly/335NLHZ>

spca
cincinnati

Tails
on the **Trail**

- FUN WALK**
- SWAG**
- MUSIC**
- VENDORS**
- COSTUME CONTEST**
- FOOD AND DRINKS**

SATURDAY NOV
OCTOBER 12 6

FRANCIS RECREACRES PARK
PARK ADJACENT TO SPCA CINCINNATI SHARONVILLE

10:30 AM WALK

REGISTER AT:
spcacincinnati.org

SUBARU
COURTESY OF HILLARY

SUBARU OF KINGS AUTOMALL

DUNKIN'

Raising Cane's
CHICKEN FINGERS

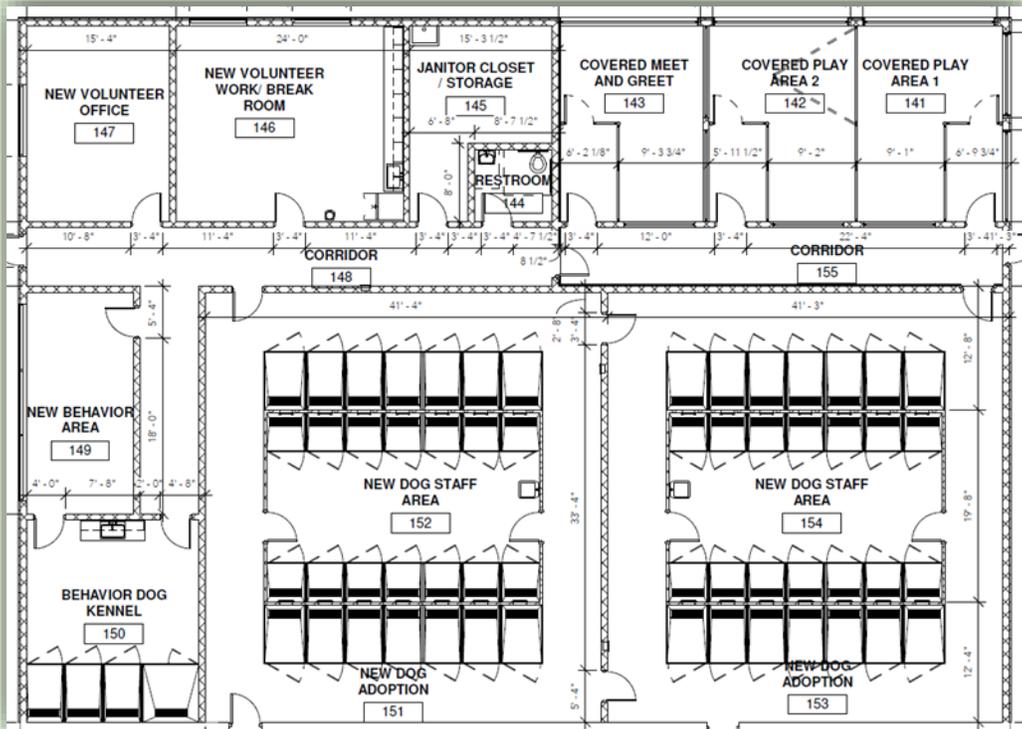
LOCAL 12
WKRC @ CINCINNATI

103.5 WGRB
cincinnati's greatest hit

K9 Expansion Project - Sharonville location

UPDATE

We are growing again – on the Northern side of the Sharonville location! We are meeting with General Contractors and Permitting on September 25th. There should not be too many revisions to the blueprints at this stage. Since this is an exterior project, we should not interfere with operations within the current dog kennels. Our tentative completion date is July 1, 2020.



—Jake White, President & CEO

SHELTER BUSINESS

KITTEN SHOWER!

When it comes to kittens,
we're always expecting!



Three easy ways to donate to our "Baby Registry":

Look up **SPCA Cincinnati** on Amazon.com's Baby Registry

Go to our **Donate** tab at spcacincinnati.org or

Click on our **Don't Kit-Nap, Kitten Season is Here** banner

3949 Colerain Ave.
Cincinnati, OH 45223

spca
cincinnati
(513) 541-6100
spcacincinnati.org

11900 Conroy Rd.
Cincinnati, OH 45249



There is information on our
website that is important to
our community.

Be sure to send people to
spcacincinnati.org today!

ABOUT ADOPT DONATE EVENTS **spca** SERVICES ADMISSIONS LOST ANIMAL
cincinnati PETS RESOURCES

Thinking about
surrendering
your pet?

Click to learn about
Managed Admissions

COMMUNITY PARTNERS

We thrive because of their compassion!



SPCA is excited that [Klosterman Bread](#) has proudly partnered with us to raise awareness of animal welfare in Hamilton County! For a limited time, specially marked bags of their Homestyle Wheat Bread offer a coupon to save 50% on adoption fees from any SPCA Cincinnati shelter. Tell a friend to tell a friend!

THANK YOU TO OUR BOARD MEMBERS:

SEAN GIBSON & JUDY RECKER

FOR THEIR COMMITMENT TO SPCA, AS WELL AS THEIR PERSONAL COMPASSION TOWARD ANIMALS. THEY BOTH HAVE VERY RECENTLY ADOPTED W/SPCA—HELPING US THRIVE AT OUR MISSION!

Marley on the drive home! ↓



Annie posing lovely at home! ↓



Formerly "Maisie", now with the Gibson Family!

Formerly "Ritz", now with the Recker family!



NEW EMPLOYEES!

Rebekah Blais
Intake Desk
Northside, 10/9/2019



Welcome

We're Glad You're Here