

the insider

BIRTHDAYS IN OCT.

Nyketa Gaffney—10/7
Rick Guidugli—10/8
Erin Lawson—10/12
Nicole Simon—10/14
Cyndi Ritzi—10/18
Kristina Holtzclaw—10/25
Kim Buchanan—10/24
Trent Owen—10/24
Tammy Booker—10/28
Lindsey Sparks—10/28

*Happy
Birthday*

OCT. WORK ANNIVERSARY

Keara Appel—1 yr.
Nicole Simon—1 yr.
Aaron Tate—1 yr.
Liyah White—1 yr.
Maria Miller—2 yr.
Heather Bowles—2 yr.
Kristina Holtzclaw—4 yr.
Jen Bowling—7 yr.
Colt Allen—9 yr.
Jessica Choate—11 yr.

Happy Anniversary

OCT. AWARENESS

- ◆ Global Cat Day —10/16 🐱
- ◆ National Black Cat Day—10/27
- ◆ National Cat Day—10/29
- ◆ Vet Tech Week—Week 3
- ◆ Adopt a Shelter Dog Month

UPCOMING EVENTS

Adopt-A-Pet Fund 2020

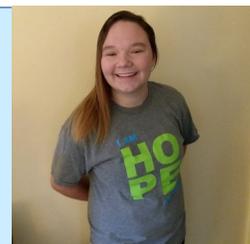


DAISY AWARD

Congratulations to Ashley Lehmann as she is the recipient of

The SPCA Cincinnati's Daisy Award!

"I am a Kennel Tech. I clean kennels and show dogs to adopters. The most interesting thing about my job is working with the dogs who are harder to get adopted. I love to spend my free time outside with my dogs or go out with my friends. I have two dogs Fidget: the terrier mix who is 9-years-old, and Sparky: the Jack Russell who is 7-years-old. I also have a hamster named Petunia. *Just Keep Swimming* is my favorite quote!" —Ashley



Thank you Ashley for all that you do!

IN-THE-KNOW SPCA Sharonville Canine Kennel Expansion



The SPCA Cincinnati

held its kennel groundbreaking on
Wednesday, October 30, 2019

More on **Page 3!**

HR CORNER

Anyone employed with The SPCA Cincinnati can find resources to assist with life events through EAP (the Employee Assistance Program)! Log-on now to obtain information on a variety of wellness topics. In order to use the website follow these steps: Go to www.anthemepap.com → Click on the Member log-in button → For the company name enter: **SPCA of Cincinnati.**

NEW TOPIC, Taking Care of Yourself While Taking Care of Others PAGE 2...



Have an article you wish to add? Send to Nyketa Gaffney—Editor:

ngaffney@spcacincinnati.org



Take Care of Yourself While Caring for Others

Many people will end up becoming a caregiver at some point in their lives. The stress and strain of caregiving can take a toll on your health. It's important to find ways to care for your health while caring for others.

Positive social habits can help you build support systems and stay healthier mentally and physically. Here are some tips for connecting with others. Depending on your circumstances, some self-care strategies may be more difficult to carry out than others. Choose ones that work for you.

Tips to Take Care of Yourself While Caring for Others

- **Ask for help.** Make a list of ways others can help. For instance, someone might sit with the person while you do errands.
- **Get organized.** Make to-do lists, and set a daily routine.
- **Try to take breaks each day.** Finding respite care can help you create time for yourself or to spend with friends.
- **Keep up with your hobbies and interests** when you can...

For more on this topic:

VISIT THE EAP WEBSITE: www.anthemead.com:

“[Monthly Promotion](#)”

—Lori Fenner, HR Facilitator

SPCA Sharonville

Canine Kennel Expansion

The SPCA Cincinnati held its Sharonville Canine Kennel Expansion Groundbreaking Ceremony on Wednesday, October 30! It was a momentous occasion with our Board of Trustees, as well as all of our media affiliates, to celebrate. We look forward to an increase of 50% of our canine kennels at the Sharonville shelter. This will be state-of-the-art & cutting edge! SPCA will be able to accommodate more homeless pets, and make housing more efficient for the companions and our staff. We are very excited about how this project helps SPCA meet its goals in animal welfare in our region!

The anticipated completion date for the expansion is scheduled for July 2020.

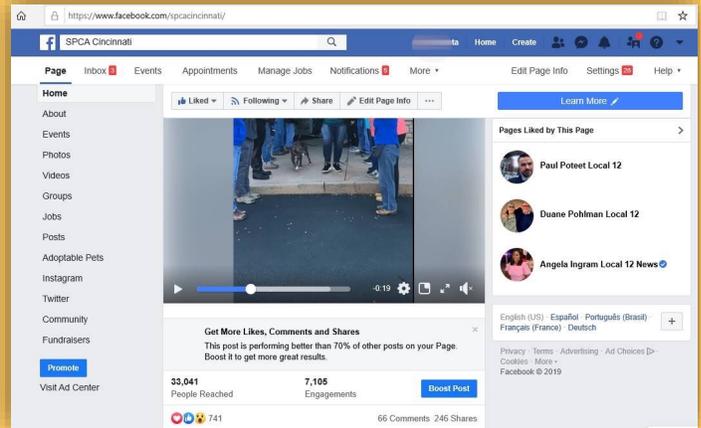


Bye Buddy!

The SPCA Cincinnati is very excited about Buddy's home-going!

Buddy came to the SPCA as a stray, miles away from home. After following through with the microchip process, we were able to locate Buddy's owner -- in Washington state! His family drove 3-days across the country & arrived at our Sharonville shelter this morning. Our adopters, volunteers and employees raised \$300 in gas cards to help with the family's travel. In turn, Buddy's family donated \$500 to the SPCA for taking good care of him. Needless to say, many tears were shed today! We packed Buddy plenty of toys & snacks for the road, and they should be back home as of today. To celebrate, our employees and volunteers showed him out the door by creating a "Happy Bridge" for him to walk through. Words can't express how happy we are to return this 3-year-old pitty to his forever home!

[#ForTheLoveOfLife](#)



Video credit: [Denise Jones](#)



On Facebook: 33K+ people reached, 7.1K+ engagements, 740+ reactions, 245+ shares, 66 comments and counting!



Best wishes Buddy!



SPCA TEAM
CHRISTMAS PARTY

Tuesday, December 10, 2019

5:00 PM to 7:00 PM

Sharonville Convention Center

As a "Thank You" to our team, our shelters will be closed to the public. SPCA will focus on animal care and facility cleaning on Tuesday, December 10, 2019. Staff will be released by 2:00 PM to prepare and travel to our Staff Christmas Party. Regularly scheduled staff will receive a full-day pay due to this being a staff function.

ONCE AGAIN... ALL YOU CAN EAT BUFFET

Please RSVP / Regret to Lori Fenner by Wednesday, November 27, 2019. Since this is a business meeting, we ask only staff attend.

... and there will be other fun activities too...

Hope to see you there!

Jake

SHELTER BUSINESS

KITTEN SHOWER!
When it comes to kittens,
we're always expecting!



Three easy ways to donate to our "Baby Registry":
Look up **SPCA Cincinnati** on Amazon.com's Baby Registry
Go to our **Donate** tab at spcacincinnati.org or
Click on our **Don't Kit-Nap, Kitten Season is Here** banner

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spcacincinnati.org



ABOUT ADOPT DONATE EVENTS **spca** SERVICES ADMISSIONS LOST ANIMAL
cincinnati PETS RESOURCES

Thinking about
surrendering
your pet?
Click to learn about
Managed Admissions



There is information on our website that is important to our community.

Be sure to send people to spcacincinnati.org today!

Adopt Today!
50% OFF
ADOPTION FEES
Offer available September 3, 2019
through December 31, 2019



As seen on Klosterman Bread bags!

SPCA is excited that [Klosterman Bread](#) has proudly partnered with us to raise awareness of animal welfare in Hamilton County! For a limited time, specially marked bags of their Homestyle Wheat Bread offer a coupon to save 50% on adoption fees from any SPCA Cincinnati shelter. Tell a friend to tell a friend!

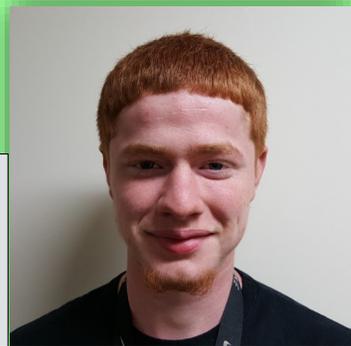
NEW EMPLOYEES!



Bridgette Spaeth

Front Desk

Sharonville, 10/29/19



Joe Cboins

Kennel Technician

Sharonville, 11/4/2019

Welcome

We're Glad You're Here