

# the insider

## BIRTHDAYS IN NOV.

Anna Hillard—11/2  
Heather Bowles—11/3  
Kim Hooper—11/4  
Jessica Grimes—11/6  
Amanda Grimm—11/19  
Cary Robers—11/27

*Happy  
Birthday*

## NOV. WORK ANNIVERSARY

Sue Henson—2 yr.  
Kent Rieger—3yr.  
Julie Butler—5 yr.  
Brian Pierce—9 yr.

*Happy Anniversary*

## NOV. AWARENESS

- ◆ National Animal Shelter Appreciation Week —Wk. 1
- ◆ Adopt a Senior Pet Month
- ◆ National Adoption Month



## UPCOMING EVENTS

### Adopt-A-Pet Fund 2020



## DAISY AWARD

Congratulations to **Heather Books**, recipient of the SPCA Cincinnati's Daisy Award!

"I am one of the Medical Assistants at the Northside SPCA. My job duties entail administering medications, ensuring any dogs who need medical attention receive it, and I also assist w/"running dogs". The most interesting thing about my job is fostering puppies & senior dogs. I enjoy crafting, gardening, and fishing; all great for stress relief! My significant other is Aaron Walker. We have two children: Aaron Jr. & our beautiful angel in Heaven, Laelia Walker (July 22, 2019 –August 10, 2019). We have an 11-year-old Pit Bull named Black Girl, a 3-year-old Rottweiler named Mia, a 3-year-old Manchester Terrier/Chihuahua mix named Bellavonte, and a 2-year-old Pittie named Red Man. We have 4 Bearded Dragons rescued from SPCA: Golddust, Sunflower, Darkside, and Godfather. My favorite quotes: **Quote #1**—You will face many defeats in life, but never let yourself be defeated. **Quote #2**— If you look at what you have in life, you'll always have more. If you look at what you don't have in life, you'll never have enough." —Heather.



*Thank you Heather for all that you do!*

## IN-THE-KNOW HSUS & Humane Society of Tulsa Partners with SPCA!



: Deb Del Valle

The SPCA Cincinnati is doing its part in animal welfare at the national level through the Shelter Ally Project, relieving communities in Oklahoma & Texas!

More on **Page 3**

## HR CORNER

Anyone employed with The SPCA Cincinnati can find resources to assist with life events through EAP (the Employee Assistance Program)! Log-on now to obtain information on a variety of wellness topics. In order to use the website follow these steps: Go to [www.anthemeap.com](http://www.anthemeap.com) → Click on the Member log-in button → For the company name enter: **SPCA of Cincinnati.**

**NEW TOPIC, Sandwich Generation, PAGE 2...**



Have an article you wish to add? Send to Nyketa Gaffney—Editor:  
[ngaffney@spcacincinnati.org](mailto:ngaffney@spcacincinnati.org).



## Sandwich Generation: Caregivers in the Middle

Many middle-age adults find themselves torn between the demands of raising children and caring for aging parents. According to a study conducted by the National Alliance for Caregiving and the AARP Public Policy Institute, more than 43 million Americans help care for their elderly relatives.<sup>1</sup>

The squeeze is on the *sandwich generation*, because many couples choose to start families later in life. Even parents whose children are grown can get sandwiched if they have to care for grandchildren on a full- or part-time basis. And when adult children move back home, a caregiver could find herself caring for aging parents, adult children, and grandchildren—all at the same time.

Just when you thought life might be simpler and you'd have more time to focus on personal interests, leisure, and travel; everyone wants a piece of you. Ease your load by taking these steps:

- Make your boundaries clear.
- Discuss your concerns openly.
- Consider long-term financial plans.
- Take advantage of community Service
- Maintain important relationships with family and friends
- Care for yourself emotionally and physically

Identify your own needs and desires...

For more on this topic:

VISIT THE EAP WEBSITE: [www.anthemep.com](http://www.anthemep.com):

“Monthly Promotion”

—Lori Fenner, HR Facilitator

# Shelter Ally Project

The SPCA Cincinnati opened its doors Thursday, November 7, 2019 as an ally across state lines, working with The Humane Society of the United States (HSUS) & the Humane Society of Tulsa. SPCA extended a helping hand to relieve communities in Oklahoma and Texas that are overwhelmed with homeless pets and lack of resources. Our shelter took in 29 companions: adult dogs, puppies, two mom dogs and their litter. The most precious pets, who traveled over 20-hours seeking a good night's rest! Mike Retzlaff, VP of Operations for the SPCA Cincinnati, says, "It's an exciting program at the national level, of course SPCA had to get involved. It's the first time we've partnered with HSUS and Tulsa's humane society in this capacity, but surely not the last. We would want the same for us if/when we need help."



—Mike Retzlaff, VP of Operations

 : Deb Del Valle



# Pies for a Purpose



Giving this holiday has been made easy as pie! Yes, pun intended. "Pies for a Purpose" is the sweetest way for you to share a delicious pumpkin pie with a deserving **SPCA Cincinnati** volunteer this holiday season!

We are excited that Busken Bakery has selected **SPCA Cincinnati** as the charity of their choice this Thanksgiving. So, you're asking how can you help? It's a piece of pie! Simply visit Busken Bakery at 7756 Beechmont Ave. in Anderson Township to lend your support.

**\$1.00 buys a "slice" of pie. \$6 will earn a "whole" pie.**

Our volunteers dedicate themselves to the care & enrichment of pets at our shelters each and every day. #PiesForAPurpose is an excellent way to show compassion toward the people who work generously (and tirelessly) in our community!

For full details on **SPCA Cincinnati's** volunteer program visit:

<https://www.spcacincinnati.org/get-involved/>

BROUGHT TO YOU BY **petvalu** your pet - your store

PROCEEDS BENEFIT **spca cincinnati**

Mt. Adams Business Guild PRESENTS THE **Reindog Parade** 30th Annual

**SATURDAY DECEMBER 14 2019**

1055 St. Paul Place

REGISTRATION	PARADE
12:30 - 1:45 PM	2:00 PM

SUGGESTED DONATION TO SPCA CINCINNATI AT REGISTRATION

Dress up your pooch and yourself for a merry good time! Costume categories: Small dog, large dog, dog/owner look-a-like and multiple dogs. SPCA adoptable animals, raffles and more!

**Monastery** **NorthSideBank** **TOWNE PROPERTIES** **Warm98.5**



The Mt. Adams Business Guild 29th Annual Reindog Parade, presented by [Pet Valu - US](http://PetValu-US.com), happens:

**Saturday, December 8th!**

At this family favorite event in Cincinnati, our four-legged friends will parade through the beautiful picturesque streets of Mt. Adams dressed in holiday wear. Your fur baby can also participate in the parade!

Log-on to [spcacincinnati.org](http://spcacincinnati.org) for more details. Special thank you to our sponsors North Side Bank & Trust and Towne Properties.



**SPCA TEAM**  
**CHRISTMAS PARTY**

**Tuesday, December 10, 2019**

**5:00 PM to 7:00 PM**

**Sharonville Convention Center**

As a "Thank You" to our team, our shelters will be closed to the public. SPCA will focus on animal care and facility cleaning on Tuesday, December 10, 2019. Staff will be released by 2:00 PM to prepare and travel to our Staff Christmas Party. Regularly scheduled staff will receive a full-day pay due to this being a staff function.

**ONCE AGAIN... ALL YOU CAN EAT BUFFET**

Please RSVP / Regret to Lori Fenner by Wednesday, November 27, 2019. Since this is a business meeting, we ask only staff attend.

**... and there will be other fun activities too...**

**Hope to see you there!**

**Jake**

# SHELTER BUSINESS



There is information on our website that is important to our community.

Be sure to send people to [spcacincinnati.org](http://spcacincinnati.org) today!



SPCA is excited that [Klosterman Bread](#) has proudly partnered with us to raise awareness of animal welfare in Hamilton County! For a limited time, specially marked bags of their Homestyle Wheat Bread offer a coupon to save 50% on adoption fees from any SPCA Cincinnati shelter. Tell a friend to tell a friend!

Just in time for the holiday, is the **Pet Valu 2020 local calendar** for just \$5! They make the perfect gift that keeps on giving all year long. Inside is \$150 in coupons and proceeds benefit SPCA — supporting the care & enrichment of the companions we serve!

For a complete listing of Pet Valu locations, visit <http://us.petvalu.com/> to get your copy today!



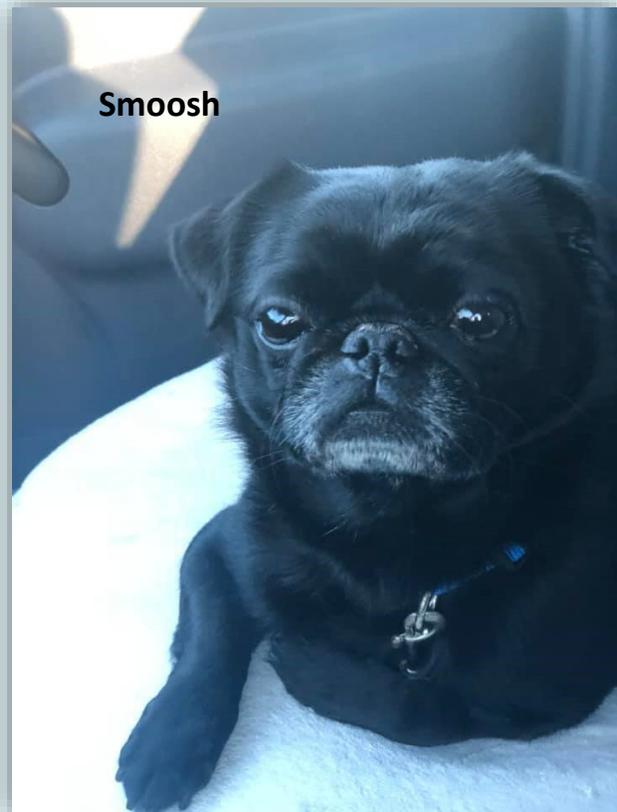


# Home Sweet Home



A few of our shelter stars who have been adopted this week thanks to our media partners

Local 12 WKRC and 103.5 WGRR!



**NEW EMPLOYEES!**



**Brittney Wandsnider**

Kennel Technician

Northside, 11/13/19



**Olivia Cox**

Managed Admissions

Sharonville, 11/13/2019

Welcome

We're Glad You're Here