

the insider

BIRTHDAYS IN AUG.

Lindsey Hird—9/1
Maddie Baker—9/9
Andrea Brock— Hitchcock—9/9
Ray Cook—9/13
Ruth Vlastic—9/28

*Happy
Birthday*

AUG. WORK ANNIVERSARY

Jake White—2 yr.
Stephanie Archer—4yr.
Heather Books—6yr.
Lauri Sloneker—7yr.
Zach Campbell—11yr.
Carey Wright— 11yr.
Sharon Martin—38yr.

Happy Anniversary

AUG AWARENESS

- ◆ National Pet Memorial Day — 9/8
- ◆ National Deaf Dog Week— Sept. 24—Oct. 1
- ◆ International Rabbit Day— Sept. 28



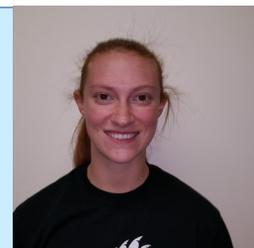
UPCOMING EVENTS

Saturday, October 12, 2019
Tails On the Trail



DAISY AWARD

Congratulations to McKenzie Garringer as she is the recipient of **SPCA Cincinnati's** Daisy Award!



"I am a kennel technician at the Sharonville location. My job includes the overall cleaning and caring for the animals we have at the time. My favorite part is getting to know the individual quirkiness each animal has and finding the right family for them. Outside of work I coach a U12 boys soccer team —so far this season we're 10-1-2! I play soccer when I'm not coaching or watching Cincinnati sports (FC Cincinnati, Reds, Bengals & Cyclones). At home I have 4 cats Neville, Kingsley, Albus, and Niffler."—McKenzie

Thank you McKenzie for all that you do!

IN-THE-KNOW

Klosterman Bread Adoption Special

SPCA is excited that Klosterman Bread has proudly partnered with us to raise awareness of animal welfare in Hamilton County! For a limited time, specially marked bags of their Homestyle Wheat Bread offer a coupon to save 50% on adoption fees from any SPCA Cincinnati shelter. Tell a friend to tell a friend!



HR CORNER

Anyone employed with SPCA Cincinnati can find resources to assist with life events through EAP (the Employee Assistance Program)! Log-on now to obtain information on a variety of wellness topics. In order to use the website follow these steps: Go to www.anthemepap.com → Click on the Member log-in button → For the company name enter: **SPCA of Cincinnati.**

NEW TOPIC: [Balancing Working and Personal Priorities](#), PAGE 2...



Have an article you wish to add? Send to Nyketa Gaffney—Editor:
ngaffney@spcacincinnati.org.



Balancing Work and Personal Priorities Can Be A Challenge Why Time Management?

When asked to identify things that stress them, adults almost always list time as one of the top three. Children learn from adult-modeled behavior. Is it any surprise, then, that children, like adults, almost always list time as a major stressor? It is an even more certain truth that as children reach their teen years, time becomes even more limited. It's as if they have been taught the worst skills imaginable. The issue that stresses most adults today will go on to stress their children, and their children's children, and generations yet to come. There is a fundamental truth that has been ignored, and the ruse is up!

The simple reality and ultimate truth is that time is not manageable. Time is a finite, limited, predictable, but renewable resource. There are 1,440 minutes in a day, 7 days in a week, and 52 weeks in a year. All the time management in the world will never change that. It is not time that needs to be managed, but rather the utilization of that resource. Time spent today is forever gone, but tomorrow you get a new day and a new chance to manage your life within the limited parameters of the minutes, hours, and days in your years. With time limited, how do you learn to do better when managing your time and teaching your children to do the same? The answer is that if you wish to help children with time and life-management skills, you as an adult need to better model those things you would have your children do. You need to model good time and life-management skills in order to teach.

For more on this topic:

VISIT THE EAP WEBSITE: www.anthemead.com:

“Monthly Promotion”

—Lori Fenner, HR Facilitator

TAILS ON THE TRAIL



SATURDAY NOV
OCTOBER 12 6
FRANCIS RECREACRES PARK

9-10 AM REGISTRATION
10-10:30 COSTUME CONTEST AND TEAM AWARDS
10:30 AM WALK BEGINS

Park Adjacent to SPCA Cincinnati Sharonville
11900 Conrey Road Cincinnati, OH 45249

When we join together and walk for our animals, you're joining a community that is working every day to create a more humane community for our companion animals across Greater Cincinnati. Your participation strengthens our ability to create memorable moments of hope and joy for people and animals.

Make a statement for those who don't have a voice – Register today to walk and fundraise on behalf of the animals!

 **FUN**

Enjoy Food, drinks, music, vendors, exercise and fun with pets on a leisurely stroll around the park.
Dress your pet for our Pet Costume Contest!

 **REGISTER SAVE WITH EARLY REGISTRATION UNTIL OCT 8**

All Tails On The Trails participants **must register to participate!**

Register Online at **SPCACINCINNATI.ORG**

Registration deadline: Tuesday, October 8th → <https://bit.ly/335NLHZ>



spca
cincinnati

Tails
on
the
Trail

-  FUN WALK
-  SWAG
-  MUSIC
-  VENDORS
-  COSTUME CONTEST
-  FOOD AND DRINKS

SATURDAY NOV
OCTOBER 12 6

FRANCIS RECREACRES PARK
PARK ADJACENT TO SPCA CINCINNATI SHARONVILLE

10:30 AM WALK

REGISTER AT:
spcacincinnati.org

SHELTER BUSINESS

KITTEN SHOWER!

When it comes to kittens,
we're always expecting!



Three easy ways to donate to our "Baby Registry":

Look up **SPCA Cincinnati** on Amazon.com's Baby Registry

Go to our **Donate** tab at spcacincinnati.org or

Click on our **Don't Kit-Nap, Kitten Season is Here** banner

3949 Colerain Ave.
Cincinnati, OH 45223

spca
cincinnati
(513) 541-6100
spcacincinnati.org

11900 Conroy Rd.
Cincinnati, OH 45249



There is information on our
website that is important to
our community.

Be sure to send people to
spcacincinnati.org today!

ABOUT ADOPT DONATE EVENTS **spca** SERVICES ADMISSIONS LOST ANIMAL
cincinnati PETS RESOURCES

Thinking about
surrendering
your pet?

Click to learn about
Managed Admissions

YOU Did it!!

SPCA Cincinnati Won \$1000!

As part of the marketing leading up to our participation in The Standard's 2019 Volunteer Expo, we entered a video contest against other Cincinnati area non-profits!

The organization whose video had the most Facebook views by August 28 won \$1000!
Thank you for watching SPCA's video – it was an easy way to help us receive the donation while also showing support and appreciation for our amazing volunteers!



SPCA hosted an internal contest in lieu of The Standard's Volunteer Expo
'Social Media Challenge'

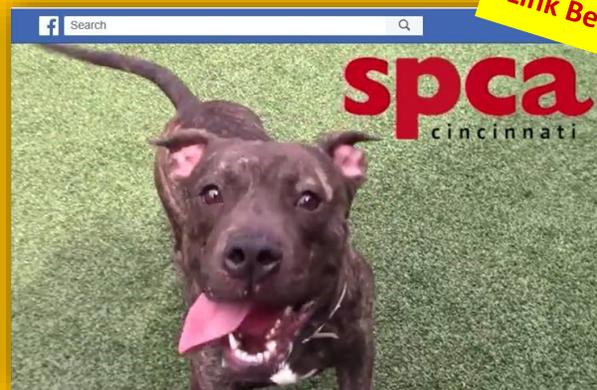
We asked that you:

- Find the "The Volunteer Expo" video on the SPCA Cincinnati Facebook page
- Share the video to your personal Facebook page and ask your friends to watch & share
- The employee with the most shares from their public page wins!

Prize: Winner's choice of a **\$30** gift card to either Starbucks or Tahona
(courtesy of volunteer Judy Bohn)

WINNER TO BE ANNOUNCED SOON!

Watch the Video If
You Have Not Seen It!



—Lee Ann Luxenberger, Volunteer Services Manager

<https://bit.ly/2Ywf6Vb>

VOLUNTEER SERVICES

Upcoming Activities



Upcoming Activities:

SATURDAY, SEPTEMBER 14TH

VOLUNTEER GROUP – Abstract Displays at Sharonville Humane Center, 9:00am.

TUESDAY, SEPTEMBER 17TH

VOLUNTEER GROUP – Cintas Corporation at Sharonville Humane Center, 4:00pm.

WEDNESDAY, SEPTEMBER 18TH

PAWSITIVE PROMTIONS at Schneider Electric Health & Safety Fair, 11am.

SATURDAY, SEPTEMBER 21ST

DOG PHOTO SHOOT at Northside Shelter, 10:00am. Team Leader: Lori King.

THURSDAY, SEPTEMBER 26TH

TEEN/COLLEGE VOLUNTEER ORIENTATION at Sharonville Humane Center, 4:30pm.

FRIDAY, OCTOBER 4TH

TEEN/COLLEGE VOLUNTEER ORIENTATION at Sharonville Humane Center, 4:30pm.

SATURDAY, OCTOBER 5TH

DOG PHOTO SHOOT at Sharonville Humane Center, 10:00am.

SATURDAY, OCTOBER 5TH

NEW VOLUNTEER ORIENTATION & TRAINING at Sharonville Humane Center, 11:00am.

THURSDAY, OCTOBER 10TH

VOLUNTEER GROUP – JM Smucker Company at Sharonville Humane Center, 1:00pm.

Humane Education Room

As of March 2019, a calendar has been established for reserving the Humane Ed. Room. All employees with a SPCA email address may find the shared calendar in Outlook under “**Room List**”. The calendar will enable you to view when the room is booked and what dates/times are open to reserve. If you do not have a SPCA email address and would like to reserve the room for an organizational event or activity, please contact Lee Ann:

lluxenberger@spcacincinnati.org

—Lee Ann Luxenberger, Volunteer Services Manager

